

About the Speakers



Cathy Petchel is a Licensed Clinical Psychologist and Professor of Psychology at Washington and Jefferson College in Pennsylvania. She is the Founder and President of Baywood Consulting LTD, a private practice dedicated to client care. She conducts presentations, in-services and workshops regionally, nationally and internationally. She has accumulated over 40 years of experience with over two decades of work specializing in Bipolar Spectrum Disorders and Disorders of Mood and Anxiety.

Her current and prior service work includes:

Chair: Professional Development Committee, Pennsylvania Psychological Association
Chair: Co-Curricular Advisory Committee and Co-Chair: Health and Wellness Initiative within Washington and Jefferson College. International Society of Bipolar Disorders, Executive Board, Advocacy and Community Engagement Task Force and Women's Initiative, Chair: Mental Health Association of Allegheny County, Esprit Awards and Advocacy Committee



Dr. Heidi Weinhold completed a four-year doctoral program in Naturopathic Medicine from Southwest College of Naturopathic Medicine in Tempe, Arizona. In 2013, she received the Alumni Award from Southwest College in recognition of her contribution to the advancement of Naturopathic Medicine. In 2017, Southwest College further honored Dr. Weinhold by bestowing upon her an Honorary Doctorate of Humane Letters.

From 2006-2018, Dr. Weinhold served as the legislative chair for the Pennsylvania Association of Naturopathic Physicians (PANP), working with legislators to promote legislation to license Naturopathic Doctors in Pennsylvania. A giant step towards this effort was achieved with the passage of House Bill 516 in 2016. HB 516 provides title protection and registration for Naturopathic Doctors graduating from accredited Naturopathic Medical Colleges.

Dr. Weinhold received the 2017 Physician of the Year Award by the Pennsylvania Association of Naturopathic Physicians.

Dr. Weinhold has a private practice in Canonsburg, Pennsylvania and served as an adjunct faculty member in the Integrative Health Studies program at Chatham University in Pittsburgh. Dr. Weinhold has given guest lectures to the Duquesne University Holistic Nursing Students, University of Pittsburgh Medical Students, UPMC Mercy Hospital Nurse Alumni Association, UPMC Shadyside School of Nursing, Pittsburgh Chapter of the Physician Assistant Association, Seton Hill Physician Assistant Students, and the Southwest Pennsylvania Nurse Rehabilitation Association.